

FACT SHEET: Mosquito-Borne Diseases

Mosquitos carry germs that cause diseases including Malaria, Elephantiasis, Dengue Fever and Yellow Fever.

- Malaria produces fever, headache, and pain and can be fatal.
- Elephantiasis produces a marked swelling in the lower half of the body, especially in the legs and male genitals.
- Dengue Fever produces fever, headache, and pain and can occasionally be fatal.
- Yellow Fever produces fever, nausea and pain and can be fatal.

Prevention

The most effective way to prevent infection is to avoid being bitten by mosquitoes. The best preventative methods are:

- Wear long, loose clothing to reduce the risk of mosquito bite.
- Kill mosquitos that land on you.
- Take special care at sunrise and sunset when mosquitos are most active.
- Use a mosquito net to keep mosquitos away while you sleep.
- Keep the surroundings clean, because garbage attracts mosquitos.